

About Acupuncture

Acupuncture is one element in the system of Oriental Medicine. It includes Manual or Electro Acupuncture, Acupressure Massage (Tuina/Shiasu) Herbology, Physical Therapy, Dietetics and Exercise (such as Tai Chi and Qi Gong). It originated in Asia and remains consistent with Chinese principles and philosophies that stress balance.

Oriental Medicine has been effective for many acute and common illnesses:*

- Ear, Nose, Throat (toothaches, ear aches, hay fever)
- Respiratory (cold and flu, bronchitis, laryngitis)
- Neurological and Muscular (headaches migraines, Bells palsy, neck pain, arthritis, TMJ)
- Stress/Anxiety (insomnia, depression, hypertension, drug/alcohol addiction)
- Gastrointestinal (ulcers, heartburn, hiccups, and indigestive syndrome)
- Gynecological disorders (infertility, fibroids, PMS)

* please visit our website (www.kangfu.net) for a more comprehensive list of the disorders acupuncture can help.

KANG FU CENTER WALNUT CREEK OFFICE

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Monday, Tuesday, Thursday, & Saturday: 9 am - 6 pm,
by appointment only

KANG FU CENTER SAN FRANCISCO OFFICE

835 Clay Street, Suite 212, San Francisco, CA 94108

Tel: (415) 397-9768

Friday & Sunday: 9 am - 2 pm, by appointment only

www.kangfu.net (web site) • kangfu@att.net (e-mail)



About Kang Fu Center

Kang Fu Center was founded by Frank Ma, Prof. Lai Fu Cai, L.Ac. and Prof. Ru Kang Ma, L.Ac. Both Prof. Cai and Prof. Ma have been licensed acupuncturists since 1983 and 1991, respectively. Each has over 45 years of clinical experience in Western and Eastern Medicine.

We speak English, Cantonese and Mandarin.



Ancient Wisdom
Healing Modern Ailments

Kang Fu Center

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There is no substitute for your good health
Acupuncture Might Be Your Answer

Frequently asked questions:

Will it hurt?

Most patients describe their treatment as virtually painless — less painful than plucking out a hair for example. Some patients feel nothing at all.

Is it safe?

Acupuncture is safe when performed by a qualified licensed practitioner. (Our practice uses disposable needles)

What will happen in my consultation?

Your practitioner will ask about your medical history and will assess your appearance (such as your body shape, the color of your tongue, and the quality of your pulse). Your practitioner may test for muscle weakness or weaknesses along your meridians. From there they will develop a treatment plan specifically for your situation.

Is acupuncture covered by insurance?

Yes, since 1985 health care plan services, non profit hospital service plans, automobile insurance, workman's compensation and disability insurance policies have offered acupuncture coverage.

What insurance plans do you accept?

Most insurance is accepted including, Blue Cross, Blue Shield PPO, John Muir/ Mt. Diablo Health Network, Health Net, Cigna, American Health Network and United Healthcare to name a few. For a complete list, you may visit our website.

What if I don't have insurance?

We offer sliding scale payments for low income families, students and senior citizens.

Do you offer other services besides acupuncture?

Yes. We also offer acupressure massage, herbal medicine, and natural supplements. For a complete list of our services, please visit our website.

Testimonials:

"I was 45 years old and could not walk without a walker due to my back going out. With the efforts of [Prof.] Cai at the Kang Fu Center, I was walking within 3 days after being in bed for 4 weeks... I cannot thank the Kan Fu Center enough for helping me to get my life back... I am now walking and doing all of the normal activities I did before my back problem. Thank you Kang Fu Center" — Pam Bustos

"I...highly recommend Kang Fu Acupuncture Clinic. I am a medical social worker...and have been helped greatly in the last two years by these two MD's from China who are clearly masters in their field. Not only do [Prof.] Cai and [Prof.] Ma apply their knowledge of allopathic Medicine, they combine this with their Chinese Traditional Medicine Practice. A perfect synthesis! I will continue to return to this Clinic as well as refer others in need." — Annette Johnson MSW

"...recently I injured my back and was diagnosed with a bulging disk... I am 51 years old and have always led a very active lifestyle. I was in pain from the time I arose in the morning until I retired at night. Sitting was very painful and driving was the worst. After my first...visit to see [Prof.] Cai I experienced immediate pain relief. Each time I have returned, I walked away ... with more freedom of movement and less pain. One of the best parts of my recovery has been that the treatments ...are non (invasive) ...I am well on the road to a pain free back and will be able to resume a full and active life, including softball, golf and backpacking." — David P. Darlington, Livermore

When it comes to treatment for infertility, I highly recommend seeking treatment from [Prof] Cai at Kang Fu Acupuncture. I have been a patient of [Prof] Cai for a year now. Acupuncture was the perfect treatment for me to supplement my nutrition, mind, body and spirit while undergoing in-vitro fertilization for the third and most successful time. [Prof] Cai's expertise and loving care assisted in helping me to reach my dreams of carrying and delivering a very healthy baby girl. She arrived in July 2006. — Tricia Grant

Have you or someone you love suffered because of...

- Headaches
- Back Pain
- Infertility
- PMS
- Stroke
- Post surgical pain
- Arthritis

Acupuncture might be your answer.

With "modern" life has come all kinds of "modern" problems and diseases. For hundreds of years acupuncture has been used in the safe treatment of all kinds of ailments. Acupuncture is able to help by correcting small energetic imbalances before they become serious health problems.

